

Friendship Heights  
Village Center



Calendar  
of Events 2007

J U N E						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><h2>Mt. Vernon Trip leaves at 8:30 a.m.</h2><p>Please note that the trip to Mt. Vernon on Tuesday, June 5 will depart from the Village Center at 8:30 a.m. to allow for possible traffic delays.</p></div>			<div></div>			
3	4	5	6	7	1	2
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7 p.m.: Café Muse	8:15 a.m.: Walking Club 8:30 a.m.: Depart for Mt. Vernon 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Greg Harrison Jazz Band	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Painted Veil	10:30 a.m.: Coffee and Current Events 11 a.m.: William Bodde, Jr.: Relations Between The U.S. and the USSR 1 p.m.: Bridge Group	8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs
10	11	12	13	14	15	16
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Brody Forum: A Conversation with Andrew Kohut	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: The Mind-body Network 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: The Martin Family	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7p.m.: Chevy Chase Players	10:30 a.m.: Coffee and Current Events 11 a.m.: William Bodde, Jr.: The End Of The Cold War 1 p.m.: Bridge Group	8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs
17	18	19	20	21	22	23
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Low Vision Lunch and Learn 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Weight Management Workshop 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Mariachis de los Compadres	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Miss Potter	10:30 a.m.: Coffee and Current Events 10:30: Strength Training 1 p.m.: Bridge Group 3 p.m.: Fashion Show and Tea	8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs 10 a.m.: Shredding Truck
24	25	26	27	28	29	30
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12:15 p.m.: Depart for Nationals Game	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 6:30 p.m.: Spanish 7:30 p.m.: Yoga 7:30 p.m.: Summer Blockbusters	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 1:30 p.m.: Positive Psychology 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	9:15 a.m.: Fit-4-Ever 9:45 a.m.: Depart for Science Museum 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Bethesda – Chevy Chase Jazz Ensemble	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Pursuit of Happyness	10:30 a.m.: Coffee and Current Events 10:30: Strength Training 1 p.m.: Bridge Group	8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs

### Shuttle bus hours

Monday through Friday

6:40 a.m. to 9:40 p.m.

Saturday and Sunday

8 a.m. to 7 p.m.

### Village Center Hours

Monday through Thursday

9 a.m. to 9 p.m.

Friday

9 a.m. to 5 p.m.

Saturday and Sunday

9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Shredding Truck at Center

On Saturday, June 23, from 10 a.m. to 2 p.m., a truck from Shred-it will provide community shredding service in the Village. The truck will park on Friendship Boulevard adjacent to the Village Center (the same space where the MVA bus stops every month). Village residents are invited to bring your materials for shredding. The shredding company representative will provide a Certificate of Destruction after every shred. This service is available for Village residents only. Special thanks to Council member Maurice Trebach for suggesting this idea.

